

FCE

KDHE is now mandating a 14 day quarantine for Kansans who have:

Traveled to these states: California, Florida, New York, and Washington on or after March 15. (Because of the widespread transmission of Covid-19 in those states.)

Visited Eagle, Summit, Pitkin and Gunnison counties in Colorado in the week prior to March 15 or after.

Traveled on a cruise ship or river cruise on or after March 15. (People who have previously been told by Public Health to quarantine because of their cruise ship travel should finish out their quarantine.)

Traveled internationally on or after March 15.

Those who are under home quarantine should not attend school, work, or any other setting where they are not able to maintain at about a 6-foot distance from people. If a person under quarantine develops symptoms of Covid-19 during their 14 day quarantine period, such as a fever over 100 (F), coughing, or shortness of breath, they should call the hospital.

There is currently no vaccine to prevent Covid-19. The best way to prevent illness is to avoid spreading the virus and to avoid being exposed to the virus. The virus is thought to spread between people who are within about 6 feet of each other for at least 10 minutes through coughing and sneezing.

To reduce risk, everyone should: Use social distancing by staying at home!

Wash hands often with soap and water for at least 20 seconds or use a hand sanitizer that contains at least 60% alcohol.

Stay home if you are sick.

Cover coughs and sneezes in the crook of your arm.

Clean and disinfect surfaces daily.